

## **REFERRALS**

### **Triad Associates PC-full range of mental health services**

8062 Ortonville Rd.  
Clarkston, MI 48348  
248-625-2970  
[www.triadassociatespc.com](http://www.triadassociatespc.com)

### **Oakland Family Services-mental health or substance abuse treatment, behavioral health services Central Administration**

114 Orchard Lake Road  
Pontiac, MI 48341  
Tel: (248) 858-7766  
Toll Free: (877) 742-8264  
Fax: (248) 858-8227  
[www.oaklandfamilyservices.org](http://www.oaklandfamilyservices.org)

### **Oakland Family Services**

130 Hampton Circle, Suite 100  
Rochester Hills MI 48307  
Tel: (248) 853-0750  
Toll Free: (866) 903-8955  
Fax: (248) 853-0792  
[www.oaklandfamilyservices.org](http://www.oaklandfamilyservices.org)

### **Rochester Center for Behavioral Medicine**

Joel L. Young, MD  
441 South Livernois, Suite 205  
Rochester Hills, MI 48307  
248-608-8800  
[www.rcbm.net](http://www.rcbm.net)

### **River's Bend P.C. Office Hours-family/individual/group, adults/teens, substance abuse/behavior issues Bruce Goldberg, ACSW**

800 Stephenson Highway  
Suite 250  
Troy, MI 48083  
(248) 585-3239  
[www.riversbendpc.com](http://www.riversbendpc.com)

### **Catholic Social Services Oakland-various services**

[www.cssoc.org](http://www.cssoc.org)  
715 North Lapeer Road  
Lake Orion, MI  
(248) 693-7526

6637 Highland Road  
Waterford, MI  
(248) 666-8870

Pontiac

(248) 338-4250

**Potere-Modetz Planning Center-Horizons bereavement groups, grief and loss**

127 W. University Dr.  
Rochester, MI 48306-1973  
248-651-5065

**Sand Castles-bereavement, grief and loss, family support**

Groups meet at 8 different locations  
313-874-6881

**Hospice of Michigan**

43097 Woodward Ave., Suite 102  
Bloomfield Hills, MI 48302  
**Serving Oakland, Livingston, Genesee and Lapeer counties**  
Jean Ireland, Manager, Service Operations  
24-hour admissions and referral line: (888) 247-5701

**Hospice of Michigan**

44720 Hayes Road, Suite 100  
Clinton Township, MI 48038  
**Serving Macomb and St. Clair counties**  
Karen Quader, Manager, Service Operations  
24-hour hospice information and referral line: (888) 247-5701

**Dr. John D. Canine, President-bereavement after care**

Maximum Living Consultants, Inc.  
936 S. Baldwin Rd., Suite 102 • Clarkston, MI 48348-3608  
(248) 814-0706 • (866) 540-0047 (toll-free)  
E-Mail: [info@maximumlivingconsult.com](mailto:info@maximumlivingconsult.com)

**Prior Authorization and Central Evaluation (PACE) - substance abuse treatment services for low income residents of Oakland County, all age groups**

**Appointments are required**

Office hours: 8:30 a.m. - 5:00 p.m.  
248-858-5200 or toll-free 888-350-0900 ext. 85200  
1200 N Telegraph Road, Building 34 East  
Pontiac, Michigan  
[http://www.oakgov.com/health/program\\_service/osas/osas\\_pace.html](http://www.oakgov.com/health/program_service/osas/osas_pace.html)

**Eastwood Clinics-mental health, chemical dependency outpatient services**

Eastwood Administration  
28000 Dequindre  
Warren, MI 48092  
(586) 753-0400 or  
(800) 626-3896

**Paul Y. Gutterman, Md, Pc- mood and anxiety, ADD/ADHD, Post Traumatic Stress, eating disorders, emotional disorders**

1750 S Telegraph Rd Suite 101

Bloomfield Hills, MI - 48302  
248-451-9085

**Beaumont Children's Hospital**-adolescent eating disorders  
Hough Center for Eating Disorders at 248-594-3142

**Lois Schafer, PHD**-adolescent/family counseling  
43750 Garfield Road SUITE 106  
Clinton Township, MI 48038  
586-226-6855 office  
248-371-9352 home  
248-670-5447 cell

**Love, Inc.**

**Love in the Name of Christ**-food, shelter, bill paying, money, car repair, emergency situations to individuals and families that need immediate assistance.

Tel (248) 693-4357

Email: info@loveinc.org

**Ashley Dunham MA, LPC, CAADC, NCC**-personal and career counseling  
**SEHS Counseling Center Coordinator**

Department of Counseling

**Oakland University**, School of Education and Human Services

Pawley Hall Room 250A Rochester, MI, 48309-4494

Phone: 248-370-2633

Fax: 248-370-4141

Email: dunham@oakland.edu

**Perspectives of Troy**-Christian based counseling, depression, ADD, substance abuse, mental health issues, cutting/self-mutilation

**Troy Location:**

888 W. Big Beaver Ste. 1450

Troy, MI 48084

**Tel:** 248-244-8644

**Fax:** 248-244-1330

<http://www.perspectivesoftroy.com>

**East Location**

4151 17 Mile Rd. Ste. D (E. of Ryan on North side of 17 mile)

Sterling Heights, MI 48310

**Tel:** 586-268-6712

**Fax:** 586-268-6908

**Common Ground Sanctuary**

Our mission is to provide a lifeline for individuals and families in crisis, victims of crime, persons with mental illness, people trying to cope with critical situations and runaway and homeless youth.

[www.commongroundsanctuary.org](http://www.commongroundsanctuary.org)

**800-231-1127 248-556-0909**

**Havenwyck Hospital—evaluation/assessment**

1525 University, Auburn Hills, MI 248-373-9200

**Keep Coming Back Club –AA meetings**

33 North Broadway  
Lake Orion, MI  
www.keepcomingbackclub.org  
248-693-4291

**Dr. Richard Kneip, Psychologist , PhD-family therapy, depression**

Great Lakes Psychology Group  
3604 Clarkston Rd.  
Clarkston, Michigan 48348  
Phone: (248) 759-8669  
fax: (248) 814-0710

**HOTLINE/24 HOUR SERVICES**

**ADHD Support Group:** For individuals with ADHD and family members of those with ADHD. All meetings led by professional therapist. Free. For more information, visit: <http://www.meetup.com/Emotional-Support-Collaborative/>

**Adolescent Survivors of Childhood Sexual Abuse, Adult Sexual Assault & Adult Survivors of Childhood Sexual Assault Support Groups:** Contact Haven Support Line, 248-334-1274.

**AIDS Partnership-** Contact Michigan AIDS Hotline 800-872-AIDS or visit [www.aidspartnership.org](http://www.aidspartnership.org) for meeting times and locations in Oakland County.

**Alanon Family Groups:** For meeting times and locations, visit the Alanon Metro Detroit website at [www.detroitafg.addr.com/alanonoffice.htm](http://www.detroitafg.addr.com/alanonoffice.htm). **248-706-1020**

**Alcoholics Anonymous:** For meeting days, times & locations in Oakland County, 248-332-3521

**Alcoholics for Christ:** 12-Step groups with a Christian emphasis, for persons who have substance abuse problems & for their families. For more information & meeting times and locations, visit [www.alcoholicsforchrist.com](http://www.alcoholicsforchrist.com).

**Alliance for the Mentally Ill:** For meeting schedules in North Oakland contact 248-706-0591, for South Oakland, 248-557-6440 or visit [amioakland.org](http://amioakland.org) for more information.

**Anxiety Disorder Support Groups:** For meeting schedules and locations in Auburn Hills, Dearborn, Huntington Woods, Lansing, Livonia, Roseville, Royal Oak & Waterford, visit [www.anxietypanic.com/michigan.htm](http://www.anxietypanic.com/michigan.htm)

**Bereavement Support Groups:** Self-help groups for people going through the bereavement/grieving process. Hospices typically have groups; visit the Michigan Hospice & Palliative Care Organization at [www.mihospice.org](http://www.mihospice.org) to find a hospice near you.

**Bereavement Support Group (Compassionate Friends):** The mission of Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age. For meeting time/locations, call toll-free 877-969-0010; for more information about Compassionate Friends, visit [www.compassionatefriends.org](http://www.compassionatefriends.org).

**Bereavement (Compassionate Friends- Commerce Township):** 7-9:00PM third Tuesday of the month at the Richardson Senior Citizen Center, 1485 Oakley Park Road in Commerce Township across from the Walled

Lake Central High School. Visit [www.lakesareatcf.org/](http://www.lakesareatcf.org/) for more up-to-date chapter information.

**Bereavement (Compassionate Friends- Troy):** 7-9:00PM on the third Thursday of the month at St. Paul's Methodist Church, 620 Romeo Street, Rooms 128 & 129, Rochester. For more chapter information, visit [www.geocities.com/tcf-troy/](http://www.geocities.com/tcf-troy/).

**Birth Control/Pregnancy, STD**

Oakland Primary Health Services 248-322-6747

Primary Health Clinic@NOMC 248-857-7245

**Cancer Support Groups:** Call American Cancer Society, 248-557-5353 or visit [www.cancer.org](http://www.cancer.org) for support group meeting times and locations.

**Child Abuse and Neglect**

Protective Services 248-975-5010

Child Abuse & Neglect Council 248-332-7173

**Community Mental Health Services** 248-858-1210

**Co-Dependency Support Groups:** Learn about codependency, tools for dealing with issues related to it and all the ways that it could be negatively affecting your life, relationships and children. Adult groups and also groups for teens/young adult issues related to codependency. Wayne, Oakland & Washtenaw Counties. 734-420-8175 or email us at [northvilleclasses@yahoo.com](mailto:northvilleclasses@yahoo.com)

**Codependents Anonymous:** Visit [www.codependents.org](http://www.codependents.org) for a meeting close to you or more information about CoDA.

**Depression & Bipolar Support Alliance:** Peer-led support groups. For meeting times/locations in Bloomfield Hills, Novi, Rochester Hills, Royal Oak & Southfield, visit [www.dbsa-metrodetroit.org](http://www.dbsa-metrodetroit.org) or [www.dbsalliance.org](http://www.dbsalliance.org).

**Domestic Violence/Rape**

Haven 248-334-1274

**Emergency Assistance**

Lighthouse ER Housing/utilities 248-920-6100

United Way Housing/utilities 211

**Fathers & Children, National Congress of:** Self-help group for the rights of children of divorce to have equal access/parenting from both parents. Call the national office at (800) SEE-DADS or visit [www.ncfcmh.org/](http://www.ncfcmh.org/) for a meeting time/location.

**Gay, Lesbian, Bisexual & Transgender National Help Center:** A non-profit, tax-exempt organization that is dedicated to meeting the needs of the gay, lesbian, bisexual and transgender community and those questioning their sexual orientation and gender identity. Visit [www.glnh.org](http://www.glnh.org) for more information.

**Gays, Lesbians, Parents, Families and Friends of (PFLAG):** Groups for parents of Gay & Lesbian loved ones; gays, lesbians, bisexuals, straight or gay spouses also welcome. Call 248-656-2875 or visit [www.pflag.org](http://www.pflag.org) for information about group locations and times.

**Grief Support Groups:** Hospices almost always have support groups for families and individuals. For a list of

Hospices in Michigan, visit [www.mihospice.org](http://www.mihospice.org)

**Grief Support Group (Compassionate Friends):** The mission of The Compassionate Friends is to assist families toward the positive resolution of grief following the death of a child of any age. For meeting time/location near you, call toll-free 877-969-0010 or visit [www.compassionatefriends.org](http://www.compassionatefriends.org).

**Narcotics Anonymous:** For meeting days, times & locations in Oakland County 248-543-7200

### **HIV/AIDS**

Pontiac 248-858-5416

Toll free 1-888-350-0900 ext. 85416.

HIV Trainings are provided by the Oakland County Health Division Office of Substance Abuse 248-975-9739

HIV/Aids Referral 1-800-872-2437

### **Immunizations**

- 248-858-1305 (Pontiac/North Oakland area)
- 248-424-7046 (Southfield/South Oakland area)

**Kleptomaniacs and Shoplifters Anonymous:** 7:00-8:00PM Wednesdays at the Northwest Unitarian Universalist Church at 23925 S.B. Northwestern Hwy Service Drive, Southfield, Mondays 7:00-8:00PM, St. Phillips Episcopal Church, 100 Romeo Rd. & North Main, Rochester and 7:00-8:00PM, Tuesdays at the Brighton Hospital Cafeteria, 12851 Grand River Road, Brighton. Call Terry, 248-358-8508 or visit [www.kleptomaniacsanonymous.com](http://www.kleptomaniacsanonymous.com).

### **Legal Help**

Common Ground 248-456-0909

**Smart Recovery:** An alternative to AA & NA meetings. Visit [www.smartrecovery.org](http://www.smartrecovery.org) for general information and for how to find meetings in Michigan.

**Smokefree.gov:** A website created by the Tobacco Control Research Branch of the National Cancer Institute offers an online step-by-step cessation guide, local and state telephone quit lines, NCI's national telephone quitline, NCI's instant messaging service and publications, which may be downloaded, printed, or ordered.

**Smoking Cessation:** State of Michigan Tobacco Quit line- Free nicotine patches, gum and lozenges are offered by the Michigan Department of Community Health for tobacco users who enroll in free cessation services through the Michigan Tobacco Quit line. The tobacco quit line can be reached 24 hours a day, seven days a week, at 800-784-8669. The quit program also provides personal coaches to help develop individualized quit plans. The coaches provide ongoing support with up to five telephone sessions around the caller's quit date. Spanish-speaking coaches are available. The program is available to all callers 18 and older, regardless of income or insurance status. Website: [www.michigan.gov/tobacco](http://www.michigan.gov/tobacco)

**Stop Smoking (Freshstart):** American Cancer Society. Call 1-800-ACS-2345 for information on services or visit [www.cancer.org](http://www.cancer.org) for more information.

**Survivors of Suicide Support Groups:** Visit [www.survivorsofsuicide.com](http://www.survivorsofsuicide.com) for more information.

