COUNSELING RESOURCES
WALDON MIDDLE SCHOOL

NOTE FROM STAFF
We understand there are challenges in these uncertain times and our school staff wants to support our students, even from a distance. Please check in anytime students feel the need. Their academic, social, emotional, and mental health remain the most important part of our job. Please know that email sessions will be private on our end, but that being at home can cause a lack of privacy due to close quarters.

GOALS
To Provide:
• School Emotional Support Check-ins
• Learning and counseling/emotional support services

PROCESS
• Email the appropriate staff member. Include your concern and a time of day that you would like to begin e-mailing.
• Begin counseling/support at designated time.

Counselor/Staff Hours
Monday- Friday
8:30 a.m.- 3:30 p.m.

Crisis Resources
Common Ground (Call/Text)
800-231-1127

National Suicide Lifeline
800-273-8255

OK2SAY
855-565-2729

STAFF
Sarah Bessolo
School Counselor
sarah.bessolo@lok12.org

Derek Mazur
Social Worker
Derek.Mazur@lok12.org

Faryn Scarlett
School Psychologist
faryn.scarlett@lok12.org

LakeOrionSchools.org/CommunityResources