



# COUNSELING RESOURCES WALDON MIDDLE SCHOOL

## NOTE FROM STAFF

In order to empower every Dragon to achieve excellence, LOCS is proud to have staff members in every building to support students' academic, social, and emotional success. If you and your family are in need of support, please reach out to your building's staff. They are available anytime to provide guidance, resources, or a listening ear.

## GOALS

To Provide:

- School Emotional Support Check-ins
- Learning and counseling/emotional support services

## PROCESS

- Email the appropriate staff member. Include your concern and a time of day that you would like to begin e-mailing.
- Begin counseling/support at designated time.

## Counselor/Staff Hours

**Monday- Friday**

8:30 a.m.- 3:30 p.m.

## Crisis Resources

**Common Ground (Call/Text)**

800-231-1127

**National Suicide Lifeline**

800-273-8255

**OK2SAY**

855-565-2729

## STAFF

**Sarah Iwanski**, School Counselor

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**Alena Neiman**, School Psychologist

**Kim Dysarz**, Behaviorist

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[LakeOrionSchools.org/CommunityResources](https://LakeOrionSchools.org/CommunityResources)