

# CERC LUNCH MENU - SEPTEMBER 2018 - JANUARY 2019

## LEARNING OPTIONS

4 Week Cycle Menu - follow calendar on the right

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken Nuggets Dinner Roll	Bosco Cheese Breadsticks	Cheeseburger Bar	Vendor Pizza	Sriracha Boneless Chicken Oven Baked Potato Dinner Roll
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>Boneless Wing Bar</b> with a variety of Dipping Sauces	<b>Southwest Bar</b> Nachos or Tacos Mexican Rice and Beans	Mac & Cheese Bar	Vendor Pizza	Chicken or Cheese Quesadilla Mexican Rice
WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken Drumstick	Sloppy Joe on a Bun	Taqitos Mexican Rice	Vendor Pizza	Chicken Alfredo Garlic Toast
WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Chicken & Waffles	<b>Dragon Stomp</b> Popcorn Chicken, Corn, Whipped Potatoes & Gravy	Quesadilla Corn Muffin	Vendor Pizza	Baked Lasagne with Garlic Bread

**Served Daily : Regular & Spicy Chicken Paty on a Bun or Corn Dogs, Deli Sandwiches, Grab & Go Salads**  
Lunch includes choice of: fresh or canned fruits and vegetables; 100% juice; skim white, 1% white, or non-fat chocolate milk

**Breakfast Served Monday, Tuesday, Thursday, Friday**  
**Breakfast Specials**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Omlette & Sausage	Bagels w/cream cheese	PDD No Breakfast	Breakfast Sandwich	French Toast Sticks

**Served Daily for Breakfast: WG Cereal, WG Pop-Tarts, Breakfast Bars, Bagels**  
Breakfast includes choice of: all served with choice of yogurt or cheese stick, fresh and/or canned fruit, 100% juice and milk

**Menu Subject to Change Without Notice**

<p><b>Student Lunch Prices</b></p> <p><b>Lunch Price</b>     \$3.25-3.50</p> <p>Reduced Lunch     \$ .40</p> <p>Extra Entrée or Pizza Slice     \$2.00</p> <p><b>Breakfast</b>     <b>\$2.00</b></p> <p>Milk/Juice     \$ .50</p>	<p><b>Adult Lunch Prices*</b></p> <p><b>Lunch</b>     <b>\$4.10</b></p> <p><b>Milk/Juice</b>     <b>.60</b></p> <p><b>*Plus Tax</b></p>	<p style="text-align: center;"><b>GO TO:</b></p> <div style="text-align: center;">  <p><b>Sand Money To School .com</b></p> </div> <p style="text-align: center;">To view your student's meal account or make an on-line payment</p>	<p>Free/Reduced Applications must be completed each year.</p> <p>Please fill out the application or apply online at <a href="http://www.lunchapp.com">www.lunchapp.com</a></p>	<p style="text-align: center;"><a href="mailto:mernst@lakeorion.k12.mi.us">mernst@lakeorion.k12.mi.us</a></p> <p>Food Service Main Office is located in the CERC Building: 248 814-0201</p>
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M	T	W	TH	F
<b>SEPTEMBER 2018</b>				
	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28
<b>OCTOBER 2018</b>				
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30	31		
<b>NOVEMBER 2018</b>				
			NL	NL
5	6	7	8	9
12	13	14	15	16
19	20	NS	NS	NS
26	27	28	29	30
<b>DECEMBER 2018</b>				
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
NS	NS	NS	NS	NS
NS				
<b>JANUARY 2019</b>				
	NS	NS	NS	NS
7	8	9	10	11
14	15	16	17	18
NS	22	23	NL	NL
28	29	30	31	



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