

CERC LUNCH MENU - FEBRUARY - JUNE 2019

LEARNING OPTIONS

4 Week Cycle Menu - follow calendar on the right

| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------|---|---|-----------------------------------|--------------|---|
| | Chicken Nuggets Dinner Roll | Bosco Cheese Breadsticks | Cheeseburger Bar | Vendor Pizza | Sriracha Boneless Chicken Oven Baked Potato Dinner Roll |
| WEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| | Boneless Wing Bar with a variety of Dipping Sauces | Southwest Bar Nachos or Tacos Mexican Rice and Beans | Mac & Cheese Bar | Vendor Pizza | Chicken Alfredo with Garlic Toast |
| WEEK 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| | Oven Baked Chicken Steamed Veggies | Korean BBQ Chicken with Asian Rice | Taqitos Mexican Rice | Vendor Pizza | Hot Ham & Cheese on a Pretzel Bun |
| WEEK 4 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| | Chicken Tenders Cornbread | Dragon Stomp Popcorn Chicken, Corn, Whipped Potatoes & Gravy | Cheese Quesadilla Mexican Rice | Vendor Pizza | Penne with Beef and Marinara Sauce Garlic Bread |

Served Daily : Regular & Spicy Chicken Patty on a Bun or Corn Dogs, Deli Sandwiches, Grab & Go Salads
Lunch includes choice of: fresh or canned fruits and vegetables; 100% juice, 1% white, or non-fat chocolate milk

Breakfast

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---------------------------------------|--|--|
| Pop Tarts, Cereal, Donuts and Cereal Bars | Pop Tarts, Cereal, Donuts and Cereal Bars | Croissants, Bagels, Cinnamon Rolls | Pop Tarts, Cereal, Donuts and Cereal Bars | Pop Tarts, Cereal, Donuts and Cereal Bars |

Menu Subject to Change Without Notice

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|---|---|--|--|---|
| Student Lunch Prices Lunch Price \$3.25-3.50 Reduced Lunch \$.40 Extra Entrée or Pizza Slice \$2.00 Breakfast \$2.00 Milk/Juice \$.50 | Adult Lunch Prices Lunch \$4.35 Milk/Juice .60 | GO TO:  To view your student's meal account or make an on-line payment | Free/Reduced Applications must be completed each year. Please fill out the application or apply online at www.lunchapp.com | marla.ernst@lok12.org Food Service Main Office is located in the CERC Building: 248 814-0201 |
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USDA in an equal opportunity provider and employer

| M | T | W | TH | F |
|----------------------|----|----|----|----|
| February 2019 | | | | |
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| 11 | 12 | 13 | 14 | 15 |
| NS | NS | 20 | 21 | 22 |
| 25 | 26 | 27 | 28 | |
| March 2019 | | | | |
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| 4 | 5 | 6 | 7 | 8 |
| 11 | 12 | 13 | 14 | 15 |
| 18 | 19 | 20 | 21 | 22 |
| 25 | 26 | 27 | 28 | 29 |
| April 2019 | | | | |
| NS | NS | NS | NS | NS |
| 8 | 9 | 10 | 11 | 12 |
| 15 | 16 | 17 | 18 | NS |
| 22 | 23 | 24 | 25 | 26 |
| 29 | 30 | | | |
| May 2019 | | | | |
| | | 1 | 2 | 3 |
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| 13 | 14 | 15 | 16 | 17 |
| 20 | 21 | 22 | 23 | 24 |
| NS | 28 | 29 | NL | NL |
| June 2019 | | | | |
| 3 | 4 | 5 | 6 | 7 |
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