

Technology and Your Child: The Good, the Bad, and the Dangerous

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Outline

“The New Normal”

Dangerous apps

Where do students get their news

Mobile device management

Vault apps and sexting

The background of the slide is a dark blue rectangle filled with numerous small, multi-colored dots (white, yellow, pink, and blue) representing stars. In the upper right corner of this rectangle is a white cloud with a yellow crescent moon. In the lower left corner is a blue smartphone icon. The title text is centered within the rectangle.

The New Normal:

*Parents, Teens, Screens & Sleep
in the United States*

Setting Rules



No phone in bedroom

No phones at the dinner table

Insist on eye contact when talking to others

Phones are a privilege not a right

- can be taken away as a consequence
- can be monitored



Sarasota Sheriff's Office Released a List of Apps To Watch Out for as a Parent:



Location-Based Dating Apps

- ▶ Allows users to connect with people based on geographic proximity
- ▶ Users are encouraged to meet each other in person



- ▶ MeetMe
- ▶ Skout
- ▶ Grindr



Dating Apps



► Badoo



► Tinder



► Bumble


Communication Apps

- ▶ Give users false sense that information “goes away.”
- ▶ Pictures/Texts are “hidden” within the app
- ▶ What’s App
- ▶ Viber
- ▶ SnapChat
- ▶ Kik





Creation and Sharing Apps

- ▶ Instagram - In and of itself, it is a perfectly good app. However, misuses such as bullying and sending revealing photos cause issues.
 - ▶ Tiktok - Allows users to create and share videos. Again, in and of itself, this is great, but explicit content and cyberbullying have been reported.
- 



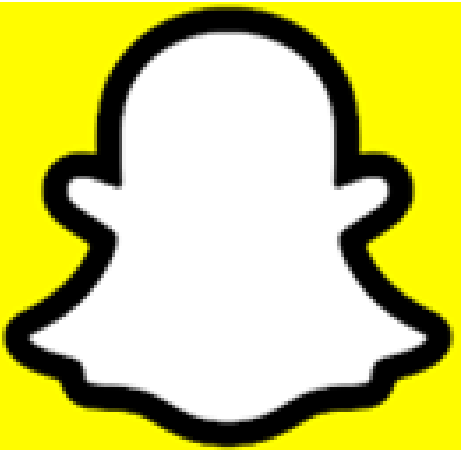
Secrets, Lies, and Bullying (No positive uses for these apps.)

- ▶ Whisper – Social media platform that encourages the sharing of secrets. Encourages meet ups.
- ▶ Hot or Not – Users rate other users. Encourages meet ups.
- ▶ Live.me – Live video chatting. “Coins” are used to “Pay” minors to send revealing photos.



Apps most troublesome at LOCS Middle and High Schools

- ▶ TikTok
- ▶ Instagram
- ▶ SnapChat





Where do
students get
their news?

Where do you think students get their news from?

- ▶ Snap Chat
- ▶ Twitter
- ▶ Instagram
- ▶ Facebook

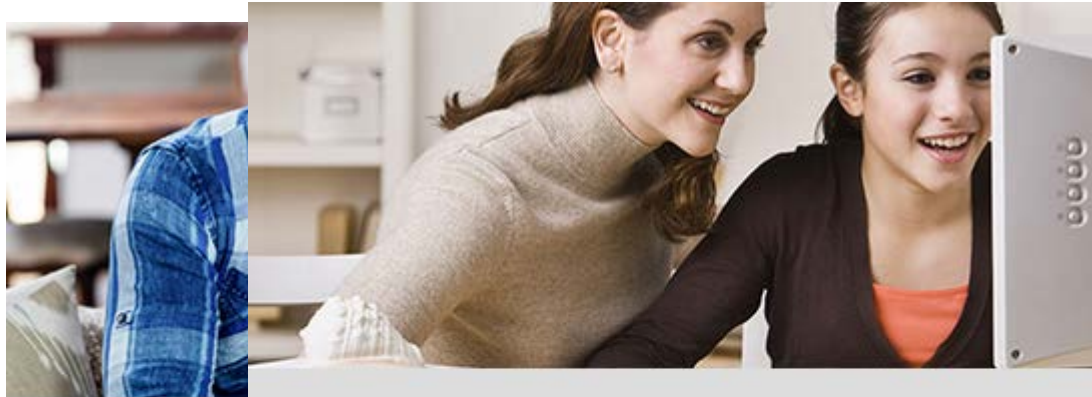


Answer is.....

▶ Snap Chat



Possible tools for monitoring Mobile
Devices



PARENTAL CONTROL

Get peace of mind with parental control.
[\[learn more\]](#)

INTERNET FILTER

Be in control of your internet. Set filtering for 18 categories of online content to either block, warn, or allow for view.
[\[learn more\]](#)



TIME MANAGEMENT

Set the time for your child to use the internet.
[\[learn more\]](#)



ALERTS AND REPORTING

Receive reports and mail alerts about your child's online activity.
[\[learn more\]](#)



bark



SOCIAL MEDIA MONITORING

Bark tracks conversations and content on Snapchat, Instagram, YouTube, Facebook, Twitter, Pinterest, GroupMe, and more.



TEXT MONITORING

Bark works with iOS and Android to search through texts, photos, and videos for concerning interactions.



EMAIL MONITORING

Monitor emails from Gmail, Outlook, Hotmail, Yahoo, Comcast, and AOL for harmful content.



24/7 DETECTION

Bark looks for activity that may indicate online predators, adult content, sexting, cyberbullying, drug use, suicidal thoughts, and more.



PARENTAL ALERTS

Get automatic alerts when Bark detects potential issues, along with expert recommendations from child psychologists for addressing them.



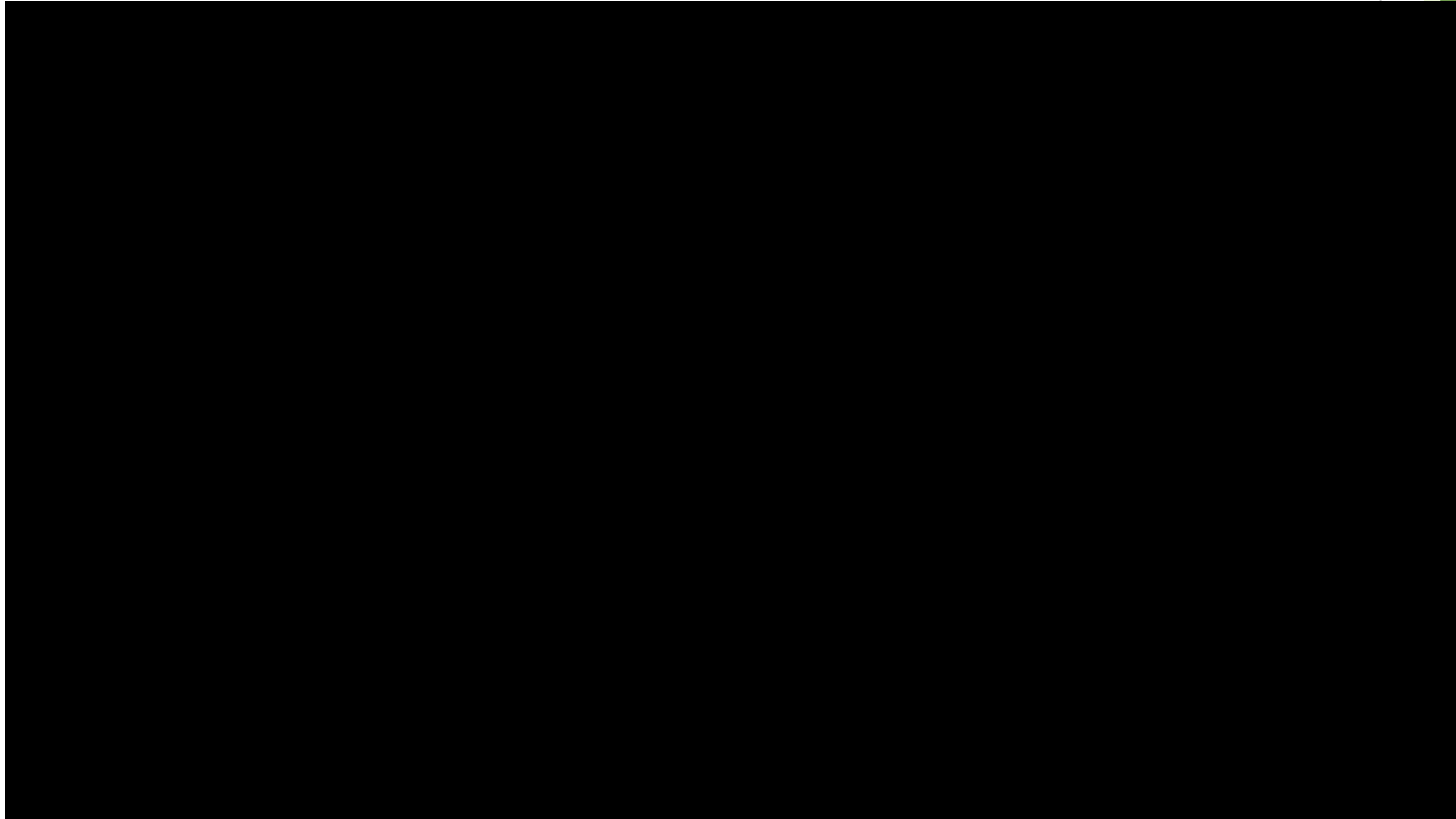
SAVE TIME, BUILD TRUST

Bark saves you from manually monitoring your child's activities, respecting your time and your child's privacy by only surfacing potential concerns.



Life360 runs on your mobile device to allow you to view your family members on a map, communicate with them, and receive alerts when your loved ones arrive at home, school or work.

Life 360 - <https://www.life360.com/>



Parental Controls from Wireless Carriers

- ▶ Verizon Smart Family (*starts at \$4.99/month depending on the features you choose*)
- ▶ T-Mobile FamilyMode (*starts at \$10/month depending on the features you choose*)
- ▶ AT&T Secure Family (\$7.99/month)
- ▶ Sprint Safe and Found (\$6.99/month)

Built into iOS12 – Screen Time

► Downtime

- When you schedule Downtime in Settings, only phone calls and apps that you choose to allow are available.

► App Limits

- Content & Privacy Restrictions



Android Option – Family Link

- ▶ Screen time limits
- ▶ Location tracking
- ▶ Manage Apps





Vaulting and Sexting

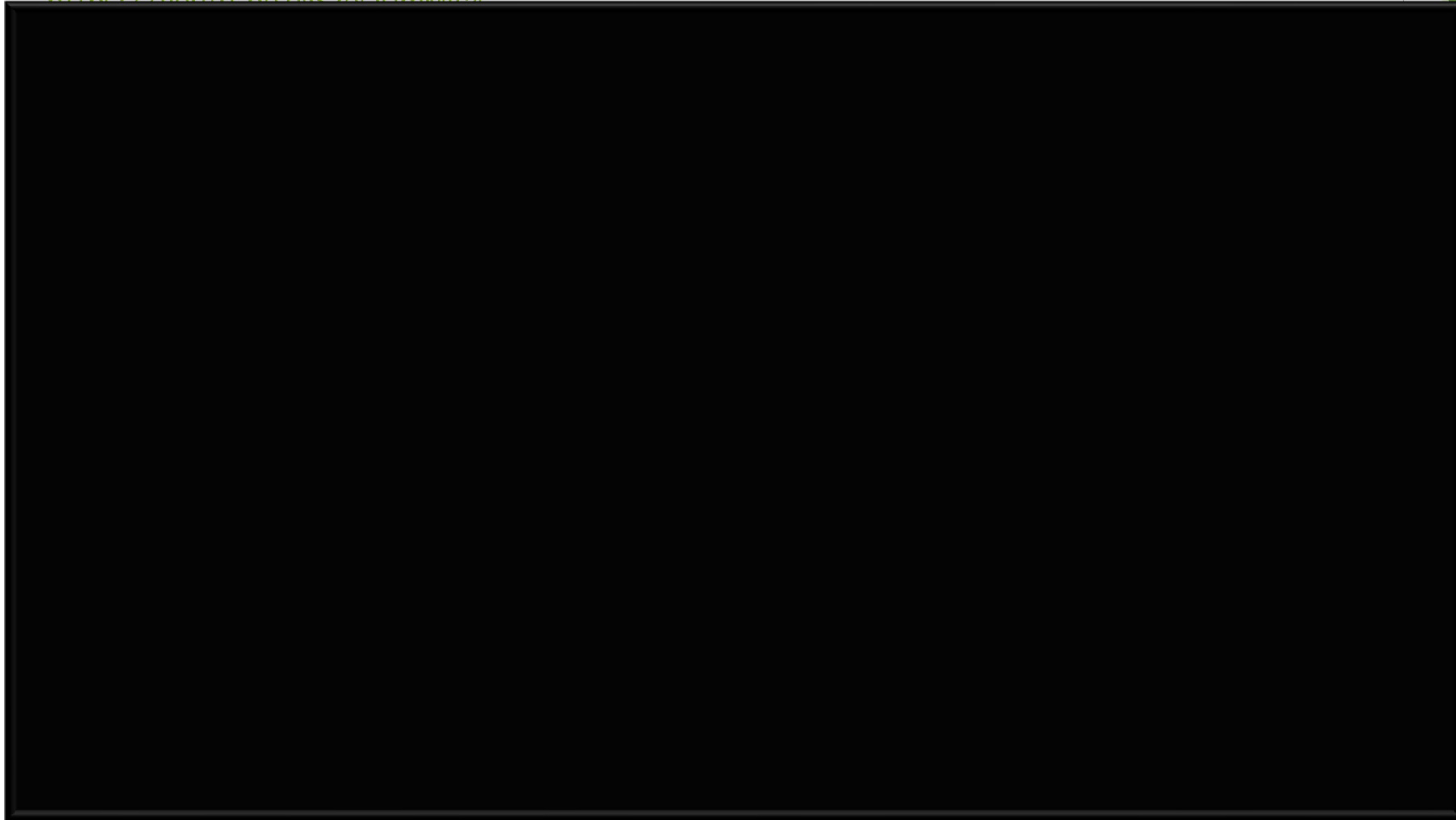
Rochester Area Teens Could Face Felonies for Sexting

Teens, 24 of them girls and seven of them boys, received and distributed nude pictures of themselves and their friends.

- Individuals under 18 may not create, possess, solicit, show, or transmit images or videos of themselves or others that are graphically sexual in nature
- Consent for inappropriate material is IMPOSSIBLE for people under 18
- Violating this law is a felony and can result in jail or juvenile detention time.
- “Sexting” is prevalent among minors. Most common forms of communication are Instagram, Snapchat

Video

<https://youtu.be/NSzeQlImMio>





Watch out for apps that HIDE

These apps actually hide files and pictures that can be opened when a user knows a passcode.

These apps that hide photos/videos are known as vault apps

- ▶ A vault app, also known as a ghost photo, decoy, or photo vault app, among other names, is a tool people can use to hide pictures, videos, and sometimes calls and texts.
- ▶ Most commonly, a vault app looks like a calculator, but entering a secret code unlocks photos and videos.
- ▶ Vault apps are popular with adolescents who use them to hide activity, such as sexting, from their parents.
- ▶ They're also useful for preventing a nosy friend from peeking into your photo roll and seeing something you want to keep private.

More examples of Vault Apps



Secret Vault Lock Photos Photo

Hide Apps Private Picture Safe

[Mo Wellin](#)

★★★★★ 4.6, 15.9K Ratings

Free · Offers In-App Purchases



Secret photos KYMS 17+

Vault to hide and lock media

[IdeaSolutions S.r.l.](#)

★★★★★ 4.6, 2.8K Ratings

\$1.99 · Offers In-App Purchases



Secret Photo Vault - Keepsafe

Hide Private Gallery Photos

[KeepSafe Software, Inc.](#)

#47 in Photo & Video

★★★★★ 4.7, 84.9K Ratings

Free · Offers In-App Purchases



Private Photo Vault - Pic Safe 17+

Keep Pictures+Videos Safe

[Legendary Software Labs LLC](#)

#79 in Photo & Video

★★★★★ 4.8, 264.7K Ratings

Free · Offers In-App Purchases



Best Secret Folder 4+

Secretly Hide Photos & Videos

[RV AppStudios LLC](#)

★★★★★ 4.8, 7.2K Ratings

Free · Offers In-App Purchases

Dinner Table Questions

- ▶ Why do you think your parents and school are making a big deal about sexting?
- ▶ Why do some students sext?
- ▶ How/where/when do some students sext? How do they hide it?
- ▶ With whom do people sext? With boyfriends/girlfriends only, friends, or random people?
- ▶ Are certain groups or “cliques” of kids more likely to sext? Or is it widespread across all different social groups?
- ▶ Do kids worry about getting in trouble for sexting?
- ▶ Is sexting worth the school, parent, and legal consequences?

Resources Used

<https://www.common sense media.com>

<https://support.apple.com/en-us/HT208982#targetText=Turn%20on%20Screen%20Time,is%20My%20Child's%20%5Bdevice%5D.>

<https://protectyoungeyes.com/>

<https://www.bankmycell.com/blog/smartphone-addiction/>

<http://www.pewinternet.org/2018/08/22/how-teens-and-parents-navigate-screen-time-and-device-distractions/>

<https://www.lifewire.com/what-is-a-vault-app-4171763>

<https://freeappsforme.com/best-vault-apps-android-ios/>
